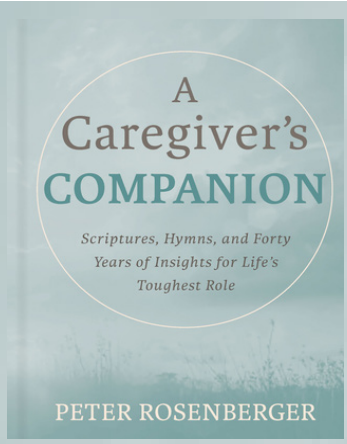


Scriptures, Hymns, and Forty Years of Insights for Life's Toughest Role

ABOUT THE BOOK

More than sixty-five million Americans serve as family caregivers for a chronically impaired loved one. The intense stress of caregiving can lead to job loss and bankruptcy, as well as extreme health issues such as high blood pressure, obesity, depression, etc. Every relationship in the family caregiver's orbit suffers, and the divorce rate in families has soared to nearly ninety percent.

Furthermore, astronomical numbers of those with mental health and addic-tion issues leave millions of families out-matched by out-of-control behavior from a loved one. With more than $870 billion annually in unpaid labor, the demands upon America's vast but often overlooked volunteer workforce of family caregivers has increased exponentially. How do you help those who help—and care for those who care?

Into this crisis steps Peter Rosenberger, who has spent forty years as the sole caregiver for his wife, Gracie—a woman whose medical journey includes ninety-eight operations, the amputation of both legs, and relentless chronic pain. Born from that extraordinary experience, Peter has become a trusted voice for fellow caregivers, offering practical wisdom, biblical encouragement, and a deep understanding of the emotional and spiritual toll caregiving brings.

In ***A Caregiver's Companion***, Peter shares hard-won insights from his personal journal—each paired with a Scripture verse or hymn stanza that continues to strengthen him—followed by space for readers to reflect and write their own thoughts. It's not just a devotional. It's a shared journey. A place where Peter's four decades of experience make room for his fellow caregivers.

Whether quietly crying in the car, worn thin by resentment, or simply too exhausted to pray, caregivers will find strength, clarity, and comfort on every page.

Peter Rosenberger

Out of his own experience as a longterm caregiver, **Peter Rosenberger** is a qualified advocate for the caregiver community. His nationally syndi-cated radio program, ***Hope for the Caregiver***, airs on more than 200 stations across the country, offering encouragement and practical help to listeners. Peter's books, including ***A Minute for Caregivers***, combine personal experience, Scripture, and humor to minister directly to the hearts of those navigating the daily challenges of caregiving.

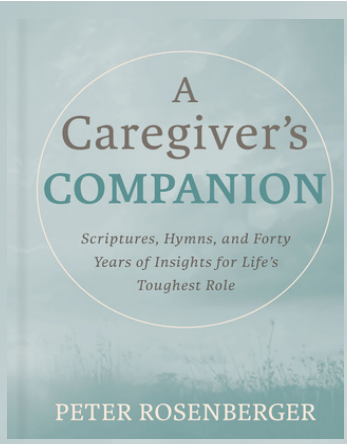
Peter and **Gracie** live in Montana and are the founders of ***Standing With Hope***, a non-profit organiza-tion providing prosthetic limbs to amputees in developing countries and ministry outreach to caregivers worldwide.

BOOK INFORMATION

A Caregiver's Companion
Scripture, Hymns, & Forty Years of Insight for Life's Toughest Role
Peter Rosenberger
August 20, 2025
9798992418606: $24 / Hardcover
9798992418613 : $9.99 / ebook
Contact: Miko Griffin
mgriffin@fidelispublishing.com

FAITHFUL TEXT
The Fidelis Publishing Bookstore
www.faithfultext.com

FIDELIS PUBLISHING



Scriptures, Hymns, and Forty Years of Insights for Life's Toughest Role

SUGGESTED INTERVIEW QUESTIONS

General & Introductory Questions

- What inspired you to write ***A Caregiver's Companion***?
- What did your writing process look like?
- The statistics around family caregiving are staggering—sixty-five million Americans and more than $870 billion in unpaid labor. Why do you think this crisis remains so under-recognized?

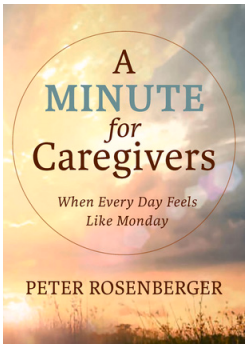
The Meaning Behind the Title

- The book is built around short daily quotes paired with Scripture and hymns. Why did you choose this format?
- Can you share a favorite entry or quote from the book that speaks especially to the caregiver's daily struggles?
- How did your radio show experience influence the tone and content of the book?

Faith & Culture

- How does faith shape the caregiving journey, in your view?
- How do hymns and Scripture uniquely minister to caregivers in ways that other resources might not?
- What role does forgiveness—both of oneself and of others—play in the life of a caregiver?
- You've indexed topics such as resentment, grace, perseverance, and wisdom. Which of these topics do you think caregivers struggle with the most?

A Caregiver's Companion and Peter's previous title, ***A Minute for Caregivers***, are available wherever books are sold and discounted at www.FaithfulText.com



BOOK INFORMATION

A Caregiver's Companion
Scripture, Hymns, & Forty Years of Insight for Life's Toughest Role
Peter Rosenberger
August 20, 2025
9798992418606: $24/ Hardcover
9798992418613 : $9.99 / ebook
Contact: Miko Griffin
mgriffin@fidelispublishing.com

FAITHFUL TEXT
The Fidelis Publishing Bookstore
www.faithfultext.com

FIDELIS PUBLISHING